



EXPERIENTIAL WORKSHOPS

Developed according to the "learning by doing" approach, the workshops are the methodological tool with which artway of thinking brings people together to begin a process of conscious change. The workshops are experiential, using two main paradigms:

Co-Creation as "the ability to work together";

Creativity as "energy that we all possess" so that if it is systematized it can generate new beauty.

Through the workshops we transfer to the participants the best practices to govern a sustainable and conscious process of change.

PRINCIPAL WORKSHOP MODELS:

NUOVE GENER-AZIONI

An experiential workshop aimed to form *Organisms of cultural production*, involving an interdisciplinary group of young people throughout a creative process. The workshop transfers and gives the opportunity to the young generation to experiment an inclusive and horizontal methodological model, based on the good practices for creative collective development.

Background vision

The future is a common good, it is our responsibility to facilitate the process of inclusion so that young people become responsible actors in social transformation. *Nuove GenerAzioni* offers a platform to generate new cultural realities through: the experimentation of teamwork and interdisciplinary cooperation; the ability to read complex systems; the understanding of universal values and the use of creative energy as essential tool to produce the "New".

Year, Client, Place

2012	MONTEVARCHI MUNICIPALITY	Montevarchi, IT
2005	MONTEVARCHI MUNICIPALITY	Montevarchi, IT
2002	LICEO CLASSICO STATALE G. ZANELLA	Schio, IT
2001	CENTRO CULTURALE CANDIANI	Venice, IT

CO/OPERARE

A workshop with an experiential focus, aimed to enable participants to experience the creative power of a group when is working in a synergic way. To work in a group, to create something together following a common direction, is not always simple and spontaneous. It needs group consciousness, knowledge of which practice and tools, trust as a whole and personal attributes of will and tenacity to overcome egocentric attitudes.

Background vision

All of us have had the experience of sitting around a table, enthusiastic to begin to work together for a common project, but getting up from the table with the loss of that initial enthusiasm. Working together is a fantastic experience, if the rules of the game are known.

Governing the creative process of a group; identifying the roles that add value to talents and competences; recognizing the contribution of the singular roles without the interference of a prejudicial hierarchy; identifying the personal and collective objectives; knowing the available resources in terms of time, know-how, material and relational resources are some of the themes to consider for working together in harmony.

Starting from the single ones, the group allows us to systemize resources and ability in order to realize great works without great economies.

Year, Client, Place

2014	KIRA	Venice, IT
2013	IRECOOP	Bologna, IT
2013	BLUE DRUM	Palanga, LT
2012	MONTEVARCHI MUNICIPALITY	Montevarchi, IT
2011	RE:HABITAT	Bologna, IT
2010	EUROTHEC SPA	Cambridge, UK
2010	MONTEVARCHI MUNICIPALITY	Montevarchi, IT
2010	LAGO SPA	Padova, IT
2009	MODIDÌ ASSOCIATION	Udine, IT
2009	BAUHAUS WEIMAR UNIVERSITY	Weimar, DE
2008	ART INSTITUTE OF CHICAGO	Chicago, USA
2008	RIVER CITY	Dublin, IE
2008	TEATRO SOCIALE DI STRADELLA	Pavia, IT
2007	INCLUSION REFUGEES NETWORK-PARTNERS	Roma, IT
2006	BANNER THEATRE COMPANY	Birmingham, UK
2006	LOVE DIFFERENCE ASSOCIATION	Biella, IT
2005	LOVE DIFFERENCE ASSOCIATION	Venice, IT

RE/GENERATION

An experiential workshop aimed at working with teams in need to regenerate a motivational agreement; a new strategy to reach a specific goal and to recreate harmony based on a new organization of different abilities and personal roles.

Background vision

Usually working teams are built upon people's competencies (e.g. capacities acquired during a professional career) without considering their talents (natural predispositions) and their relational capability (communications skills). This methodology reveals individual talents, relational capabilities, limits and fears to the group in order to allow better group interaction and the ability to work together in a constructive and harmonic way. The majority of working teams have never experienced the expressive potential of the group itself and the energetic strength that it can convey when working with awareness. To be aware of one's natural predispositions, specific competences and the "personal mechanics", allows the people of a group to limit the stress and finalize the goals with the minimum expense of time and energy.

Year, Client, Place

2011	LA ZONA	Rovigo, IT
2007	COOPERATIVA GEA	Venice, IT
2007	FUNDACION QUADRINIDAD	Rosario, AR
2006	HOFFMAN INSTITUTE INTERNATIONAL	Rio de Janeiro, BR
2004	HOFFMAN INSTITUTE INTERNATIONAL	Roma, IT

MALE AND FEMALE POWER: AFFIRMATION AND INTEGRATION

Experiential workshop that aims to rediscover the masculine and feminine energy inside our selves and revive the potential of these two energies in our body. It explores how these powers can be integrated to create social policies with love and harmony, and respect for nature.

Background vision

Only if we take into consideration the energetic potential of male and female, inside of us, can we rebalance the mechanism of action and cooperation. The quality of male energy (identified with speed, rationality, competition, hierarchy, materialism, fire, individualism, short term visions) and the one of female energy (identified with spontaneity, slowness, attention to the others, intuition, creativity, listening, caring, water, exchange, passion, patience) belongs to both genders, but our culture separates them. It is necessary to re-balance these energies in ourselves and, as a result, in our society to be able to build new politics of personal and worldwide wellness.

Year, Client, Place

2007	FONDACION QUADRINIDAD	Buenos Aires, AR
------	-----------------------	------------------

CREATORS OF YOUR JOURNEY

An experiential workshop where participants become conscious of the personal "vocation" and the transformative *power of creativity, as a fundamental alchemy* which is able to give a sense of our natural talent and capability experienced during our life. The aim is to become conscious creators of our own future path.

Background vision

If we ask ourselves "What is my vocation?" the answer might be not so easy and simple. To consider our own vocation brings to mind a variety of contrasting thoughts and many emotions. To answer this question means to acknowledge our own natural predisposition, its expression in the personal history and its potential power of growth. With an awareness of our "vocation" every thing and every circumstance of life can become material to recreate our own reality. We all are creators and creative, but few are using consciously the creative energy as personal potentiality able to transform reality, to change points of view, to construct consciously poetic and beauty.

Year, Client, Place

2013	ARTWAY OF THINKING ASSOCIATION	Venice, IT
2007	ARTWAY OF THINKING ASSOCIATION	Venice, IT
2006	FONDACION QUADRINIDAD	Buenos Aires, AR

HARMONIZE THE WORLD WITH FEMALE ENERGY

In this workshop a consciousness of the female energetic power is taken to create a social politics with love, intimacy and respect to community values. Developed through the methodology 'learning by doing', the workshop focus on the feminine energy. Using creativity as 'energy that belongs to anyone', it help a responsible and practical application of it, in harmony with each different personality.

Background vision

Many women in our society find themselves in decision-making and powerful positions, using the schemas and forms that belong to the planet of masculine energy. Women, to express their own values, use the masculine forms of power because these are the most recognized in our society, to the detriment of their own psycho-physical well being and the harmonious cohabitation system of the planet. The challenge is not so much to substitute one vision with another as to uncover the feminine energetic power, but integrating it harmoniously with the masculine to create a third ethical vision is that looking to the natural creation process which sees the union of the masculine and feminine in the origin of each new form.

Year, Client, Place

2007	FONDACION QUADRINIDAD	Buenos Aires, AR
2007	ARTWAY OF THINKING ASSOCIATION	Venice, IT

MALE AND FEMALE POWER: AFFIRMATION AND INTEGRATION

Experiential workshop that aims to rediscover the masculine and feminine energy inside our selves and revive the potential of these two energies in our body. It explores how these powers can be integrated to create social policies with love and harmony, and respect for nature.

Background vision

Only if we take into consideration the energetic potential of male and female, inside of us, can we rebalance the mechanism of action and cooperation. The quality of male energy (identified with speed, rationality, competition, hierarchy, materialism, fire, individualism, short term visions) and the one of female energy (identified with spontaneity, slowness, attention to the others, intuition, creativity, listening, caring, water, exchange, passion, patience) belongs to both genders, but our culture separates them. It is necessary to re-balance these energies in ourselves and, as a result, in our society to be able to build new politics of personal and worldwide wellness.

Year, Client, Place

2007 **FONDACION QUADRINIDAD** Buenos Aires, AR

CUSTOMIZE WORKSHOPS:

BIOS_ BEING IN THE WORLD

The goal of the workshop is to define a common discourse around Socially Engaged Art Practice. Starting from an empty narrative structure, a collective creative process is activated to allow for the emergence of core values and the construction of a common meaning of Socially Engaged Art Practice, thus creating grounding for coherent and efficient communication.

Year, Client, Place

2012 **ART INSTITUTE OF CHICAGO** Chicago, USA

METHODS / PROCESSES OF CHANGE

Methods is a research project, started in 2004, about participatory and interdisciplinary methodologies bearing on complex systems, focusing on the individual and their growth. Process of Change provides a program of international workshops with the aim of comparing and sharing methods from different disciplines that facilitate the processes of transformation for both the individual and collective.

Year, Client, Place

2010 **LOVE DIFFERENCE ASSOCIATION** Biella, IT

ART AND LIFE: THE CONSTANT EVOLUTION OF BEING AN ARTIST

During this workshop we give value, form and substance to this hypothesis: *If life is a work of art, there cannot be a work of art that is not sustainable.*

Participants experience how to integrate their art into their daily life, so that this “alliance” becomes a generator of creativity, beauty, commercial activity and personal growth for e t participant and others.

In this workshop we experiment with tools to read the participants work and draw out the relationship between life and artistic research, amplifying the participant’s vision of the future space for action and ways to act in society. In particular, experimenting with these tools reveal and enable the participant’s understanding of their being, their personal story, values, limits, fears, vision of the world and their relationships, as read through their unique expressiveness. We see how all these elements can have a greater power in realizing and integrating being an artist in society.

Year, Client, Place

2011 **ART INSTITUTE OF CHICAGO** Chicago, USA